

Indulge Your Senses



WIN!

Be one of 24 readers to enjoy a Transcendental Indigo massage worth \$168.

If you are feeling worse for wear, give your body a break and head to Alchemy Medispa, the new medi-health therapy concept from Bodyperfect, for a massage treatment that will nourish your skin, and soothe your mind and soul. Aptly called Transcendental Indigo, this signature 70-minute massage promises to invigorate your senses as it gently relaxes your body. First, your skin is prepped and cleansed with an express soft scrub. Next, your body is cocooned with a thermal wrap to boost drainage and circulation, followed by a full-body lymphatic massage using essential oils, such as sweet orange oil, to lift your spirit. The massage employs special strokes along your body's lymph nodes, to supposedly encourage the release of toxins and promote a more refined skin texture. Finally, complete the treatment with a relaxing candling treat. After the session, you may notice that your skin is brighter and firmer, and you may also feel lighter in spirit.

Alchemy Medispa is at #21-03/04 Liat Towers. For more information, visit www.alchemymedispa.com.sg.

How to Enter

- 1** Sign up as a member on www.herworldplus.com if you have not done so.
- 2** Log on to www.herworldplus.com/solutions/promotions or scan the QR code below to take you directly to the page.
- 3** Fill in your particulars and key in the promo code 1042.
- 4** Click to submit.

Send in your entry by April 30, 2015.

ALCHEMY
MEDISPA

